Question	Brief Answer	Resources
Why should I use in-text citations?	• Honesty and fairness require us to let readers know whose words or ideas we have borrowed. • We must establish credibility and provide context for our ideas. • Our responsibility is to provide sufficient documentation in a systematic way so that our reader can retrieve the information we used.	• SMUMN APA Handbook, page 9
When do I use in-text citations?	You should cite *each* sentence that includes source information, whether it is an exact quotation or paraphrase: • For **exact quotations**, you must include a citation with a page number *and* put the exact words in quotation marks. • For **paraphrases**, you must include a citation with the author and date.	• SMUMN APA Handbook, page 5 • APA Style Blog on Paraphrasing
What is the basic formatting for in-text citations?	There are two basic ways to format in-text citations: **running text** and **parenthetically**. To cite in **running text** means to place the author's name in the sentence without parentheses: *Wethington, Pan, and Sherry (2013) found the risk of obesity was highest in the population who had both "excessive screen time" and a bedroom television (p. 577).* To cite **parenthetically** means to place the author's name inside parentheses along with the date (and page number, if used): *The risk of obesity was highest in the population who had both "excessive screen time" and a bedroom television (Wethington, Pan, & Sherry, 2013, p. 577).* Both formats use the author-date system. This means that each citation provides enough information to point to the correct reference entry. You will also include the page number for exact quotations.	• SMUMN APA Handbook, page 29 • The APA Style Blog on In-text Citations
How do I format in-text citations with multiple authors?	For sources with **one or two** authors, you name all of the authors each time you cite (either in running text or parenthetically). For sources with **three to five** authors, you name all of the authors the first time you mention them in the text and then use the first author's name and the phrase et al. for subsequent in-text citations: First citation: (Johnson, Collins, & Abraham, 2013). Subsequent citations: (Johnson et al., 2013). If a source has **6 or more authors**, name only the first author, followed by et al. in *all* in-text citations: (Smith et al., 2015).	• SMUMN APA Handbook, page 25 • The APA Style Blog on Et Al.
How do I list multiple sources in an in-text citation?	Arrange them in the order they appear in the reference list (alphabetically), separated by a semi-colon: (Bass & Avolio, 1993; Burns, 1978; Yukl, 1994).	• The APA Style Blog on In-text Citations